



A full-circle approach to health.

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Book online at www.o-health.com.au

Patient Details

Name: _____

Date of birth: _____

Contact no.: _____

Services required

Physiotherapy Osteopathy GLA: D

Strength & Conditioning Pilates/Classes

Clinical notes:

History

Date of injury/surgery: _____

Details of injury/surgery:

Referrer details

Name: _____

Provider no. _____

Company name: _____

Best contact method (phone/email): _____

Signature: _____

Date: _____

- O-health is making Albury healthier and has been doing so since 2005.
- We achieve this by removing barriers to normal activity.
- We are passionate about people and improving their quality of life.
- All therapists at O-health are exceptional- it's a prerequisite to work here!
- We love communicating and educating our patients about their injuries and how best to manage them and prevent them recurring.

Services we offer:

Physiotherapy- all Physiotherapists are fully registered and members of the APA.

Osteopathy- all Osteopaths are fully registered and members of Osteopathy Australia.

Strength and Conditioning- Our S and C team have a Master's and are Members of ESSA.

Cycling Analysis- a unique and world class approach to analysing cyclists on and off the bike for comfort, injury management and performance.

Seminars- if you want us to talk about Physio, Osteo and how they work together; or back pain, injuries, and self management to your staff or clients we would love to do so.

Pilates - a range of Pilates/Tai Chi and group exercise classes available at varying levels of difficulty on site.

What do we do:

A full case history, neurological/musculoskeletal assessment, diagnose, treat the condition and home exercise/behaviour modification programs.

We welcome Workcover, TAC, Motor Accidents Authority, Dept Veterans Affairs approved and offer Chronic Disease Management services.

